

Word from David

Since my last update, I've been reflecting on what truly matters to many of us. It's not just about having a place to call home; it's about enjoying life and making the most of the connections we have within our community.

We are at a point where we can start redefining what it means to live a good life. As summer approaches, it's a great opportunity to think about how we can break away from the usual routine. What can you do on weekends or in the evenings to make your time more fulfilling? Consider hosting a BBQ, getting together with friends, or having a movie night. These simple moments of connection can make a big difference.

Think about who you can reach out to for a catch-up and how you can create more meaningful experiences. It's about making the most of the time we have and enjoying the little things that bring us joy.

I'd like to hear what everyone is up to, so please send in pictures and updates about what you are doing. Whether it's a snapshot of a BBQ, a gathering with friends, or just a quiet movie night, it will be great to see how you are making the most of this time.

Whanau/Family Updates

Kia Ora Everyone.

David and I hosted a very successful evening recently. A meet and greet with David the new CEO, a recap of my role and then a discussion about the sector, the challenges it faces and the impact that has for Aspire.

We had a great turn out which was pleasing and I believe the information shared was valuable. Thank you to those who attended, especially those that travelled from out of Hamilton. I know it can be difficult.

We will be hosting another evening in October, so watch this space for details.

Thanks

Janet Ross - Whanau Support

Editorial

Kia Ora Aspire Whanau

We are now into Spring and summer so it's BBQ time. Daylight saving starts on the 29th September so put your clocks forward 1 Hour (2pm becomes 3pm) when it is time. There is a new virus in the world. It is called mpox and has come out of South Africa. It is in the Philippines where 500 people have passed away, Spain has it from Malawi. I had a great day at the Brick Show at Claudelands Event Centre.





SELFOCACY



The Self Advocacy Sub Committee!

BACK ROW FROM LEFT: Johanne Overwater, Becky Marshall, Thomas Ross, Gerard Knapp, Duane Porter, Mark Matheson, Malcolm Matheson. FRONT FROM LEFT: Mandy Higgins, Steph Tong, Shaye Simpson.



Self Advocacy Meetings

(For Everyone)

Thursday 12th September. 4.30pm Thursday 21st November. 4.30pm

Tawa Street Office





Shannon completed her Positive Action course at Kia Roha - Your Way!

Congratulations!!

This course is free! If you are interested please contact Kia Roha on <u>0800 008 011</u> or info@yourwaykiaroha.co.nz









ART

Shaye and Renette have been busy collecting the handprints of our beautiful People We Support to create these amazing canvases! The Canvases are inspired by the 4 seasons and our lovely New Zealand!

A big thank you to Renette who painted these stunning backgrounds and an even bigger thank you to all our PWS that got messy with us!

If you come by the office please come and check it out!













































































































































































































Thank you to everyone to attended the Aspire Mid Winter Christmas Ball! A great time was had by all!!

Also a big thank you to DJ MIXMASTER for making it a night to remember!















When one of our lovely ladies Juliana passed away, her puzzles were passed on to Gerard. Gerard has put together one of her puzzles and coloured it in to honor her memory. Thank you Kathryn for receiving this art which can now be found in our whanau room.





Congratulations

Jade competed in the The New Zealand Powerlifting Nationals and won GOLD!!!! We are so proud of you!!!





Lets learn together!





Hot

Wera

Cold

Makariri



WHATEVER YOU decide to do make sure ITS MAKES YOU

HAPPY